

# THE EXCHANGE

## FOOD MENU

### MAINS

### APPETIZERS

Start your meal with our classic favorites

**MARINATED MIXED OLIVES / 5.00**

**BREAD ROLLS, OLIVE OIL, BALSAMIC  
GLAZE / 5.00**

**RED PEPPER HUMMUS, NAAN BREAD  
/ 5.50**

Smoked paprika, sesame seeds

**SOUP OF THE DAY / 5.00**

Served with warm bread rolls, butter

**LEMON & GARLIC LABNEH / 7.50**

Sumac, dill, tapenade, naan, pickled veg

**CHICKORY SALAD / 7.50**

Poached pear, Gorgonzola, candied walnuts  
red wine, shallot, vinaigrette

**SMOKED SALMON / 9.50**

Cream cheese, pickled shallots, crispy capers,  
sour dough, watercress

**CRISPY SKIN ON BONELESS  
CHICKEN THIGHS / 9.50**

Honey sambal, mint & coriander yoghurt

**PAN FRIED SCALLOPS / 11.50**

Romesco sauce, crispy kale & lemon wedge

**BEEF CARPACCIO / 11.50**

Rocket & Parmesan, anchovy aioli, balsamic  
glaze

**BEEF CHEEK BOURGINON £18**

Served with mash and tender stem broccoli,  
glazed carrot, baby onions, button mushrooms  
red wine gravy

**100Z GAMMON STEAK £15**

Served with either pineapple, egg, or both,  
hand cut chips, salad

**70Z BEEF BURGER £14**

Bacon & cheese, lettuce, pickled onion,  
tomato, gherkin, fries and slaw

**PIE OF THE DAY £14**

Please ask staff for today's pie filling &  
accompaniments

**HERBY BEER BATTERED FISH & CHIPS £14**

Beer battered haddock, hand cut chips, mushy  
peas, tartare, charred lemon

**PORK BELLY £18**

Thyme crushed new potatoes, braised red  
cabbage, tender stem, black pudding, gravy  
and crackling

**CAESAR SALAD £15**

Choose from chargrilled chicken or pan  
seared tuna steak.

Bacon, Parmesan, anchovies, soft boiled egg,  
croutons

**IMAM BAYILDI £13**

Turkish stuffed aubergine, cous cous, coconut  
yoghurt & smoked almonds

### PLATTERS

Perfect for sharing with friends and  
family

**THE EXCHANGE PLATTER  
32.00**

Honey glazed wings, Cumberland  
sausage ring, rump steak, pepper  
sauce, chilli con carne, sour cream,  
breaded garlic mushrooms,  
Mozzarella sticks, fries, salad

**CHARCUTERIE BOARD / 30**

Cured meats, selection of crackers,  
smoked almonds, onion chutney,  
olives, dried apricots, tapenade,  
Brie, Gorgonzola, Cheddar

### SIDES

**FRIES £4**

Add cheese for an extra £1

**HAND CUT CHIPS £4**

**GARLIC BREAD £4**

Add cheese for an extra £1

**TENDER STEM BROCCOLI £4**

Smoked almond dressing

# THE EXCHANGE

## FOOD MENU

### BAGELS

*All served with fries and salad*

#### **STEAK & GORGANZOLA £13**

*4oz Rump steak, rocket and tomato*

#### **BACON & BRIE £13**

*Back bacon, cranberry sauce, Cornish Brie*

#### **SMOKED SALMON & CREAM CHEESE £13**

*Pickled veg, salad*

#### **HUMMUS & FETA £12**

*Cucumber, tomato and pickled red onion*

#### **BBQ PULLED PORK £13**

*Apple chutney, crackling*

### FUNCTIONS

**BIG OR SMALL WELCOME**

**BUFFET £20 PER HEAD, PRE BOOKING ONLY**

### CONTACT

01743 291557

[hello@exchangeshrewsbury.co.uk](mailto:hello@exchangeshrewsbury.co.uk)

### LOADED FRIES

#### **CHILLI CON CARNE £11**

*Cheddar and jalepenos*

#### **BBQ PULLED PORK £11**

*Apple chutney and crackling*

#### **BOURBON PULLED BRISKET £12**

*Cheddar, gherkins and crispy onions*

#### **BACON AND CHEESE £11**

*Cheddar, back bacon*

#### **BEANS AND CHEESE £7.50**

*Cheddar, baked beans*

### DESSERTS

#### **LEMON DRIZZLE / 6.00**

*Mixed fruits and Chantilly cream*

#### **STICKY TOFFEE PUDDING / 6.00**

*Butterscotch & banoffee ice cream*

#### **APPLE & MIXED BERRY CRUMBLE / 6.00**

*Vanilla ice cream*

#### **MIXED FRUIT SALAD / 6.00**

*Mango sorbet*

#### **CHOCOLATE BROWNIE / 6.00**

*Chocolate sauce & vanilla ice cream*

### JACKETS

#### **BEANS AND CHEESE £11**

#### **TUNA MAYO £11**

#### **BACON AND CHEESE £11**

#### **BBQ PULLED PORK £12**

#### **CHILLI CON CARNE £11**

*All served with slaw and salad*

### OUR DEALS!

#### **£10 BURGER ALL DAY WEDNESDAY**

*No secrets, no hidden stuff, just a mega deal*

#### **£10 FISH & CHIPS ALL DAY FRIDAY**

*Subject to availability on the day as fish sells fast*

#### **COCKTAIL HAPPY HOUR**

*Special cocktails two for £15  
Every weekday 3-7*

*Classic cocktails two for £15  
All day everyday*